

**Young Peoples  
Engagement Team**

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[www.doucare.co.uk](http://www.doucare.co.uk)

Have you enjoyed reading this newsletter? We hope you have! We also hope that you will get involved in producing it. There are two ways that you can be a part of Just For us—send us all your stories, jokes, book reviews or anything else that you would like to see in the newsletter by post just use the stamped addressed envelope that came with the newsletter. Or even better—come along to the next Just For Us editors group on the 2nd of December, 4pm at The Place. You will have the chance to give us all your ideas, create articles, and put the newsletter together, as well as being able to come with us on our special Just For Us trip to Boldon Cinema! All you have to do is tell us you want to come along on the competition form and we will write to you and invite you!

Now that sounds good!!

**Just For Us Competition —**

Enter our competition and you could win a £10 voucher—all you have to do is complete the word search and *then tell us which dog is missing from the table*—use the separate form to

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fill in your answer and then post it back to us in the envelope provided. Simple!

Good Luck!

Thanks very much to Sarah for designing this word search.

POODLE  
DALMATION  
BORDER COLLIE  
BASSET HOUND

BOXER  
BLOOD HOUND  
SHEEPDOG  
PITBULL TERRIER  
BULL DOG

SIBERIAN HUSKY  
DACHSHUNDT  
YORKSHIRE TERRIER  
GOLDEN RETRIEVER  
BEAGLE

GERMAN SHEPHERD  
IRISH SETTER  
GREAT DANE  
BULL MASTIF

**Just For Us**



Welcome to the Second newsletter from the Young Peoples Engagement Team!!

**Young Peoples  
Engagement Team  
September 2003**

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The first thing that you probably have noticed is that the newsletter now has a name – Just For Us. This was Sent in by Paige and she has now received her prize - a £10 voucher for books or CD's! Thanks to everyone who sent in their ideas for the name there was loads of good ideas and it was really difficult to choose a winner. We think Just For Us is a great name for this newsletter as it is just for you! Remember this is your chance to have your say and to show off any of your work!

Also a big thanks to Laura, Sarah and Chelsea for coming along to the Just For Us editors group and helping us to put this newsletter together and sending in all their



**Come along to the next Editors group on Dec 2nd**

**All you need to do is send your work or ideas to me :**

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ideas and games! If you want to help put the next newsletter together and **maybe win a £5 pound voucher**, make sure you fill in your details on the form included with the newsletter. We will then write to you and invite you to the next **editors group on the 2nd December** and so you can give us your ideas there.

**You might not know this but if you aren't Looked After but you do live with someone who is then you can still send us all your ideas and articles!!**

**Remember everyone who has an article included in the newsletter receives a prize!**

### Do U Care? The new website for Looked After Children

A special website called Do U Care? has been launched by the Mayor of South Tyneside and the Director of Social Care and Health which is for use by all the people who get this newsletter. The website was produced in partnership with Jonny-longlife.com and has been made by four young people, Lindsey, Bill, Lee and Lynn,

who have all had experience of being Looked After. This means that they have had some of the experiences that you might have had. The website can be found by going on the internet and typing in [www.doucare.co.uk](http://www.doucare.co.uk). Hopefully you will have received some information about the site already and a mouse mat for your computer with the website address on it. We hope you enjoy using the site and find it really useful for finding out about being in care. You can even tell your mates about the site if you want them to know more about being Looked After. The website also has sections for you to write in some of your own experiences of being Looked Af-

ter and you can read other people's and find out if anyone else has had the same experiences as you. There

[www.doucare.co.uk](http://www.doucare.co.uk)

are some great games to play (like Pac Man!) and some jokes to read! If you like the website then please let us know by emailing us at [ype.newsletter@s-tyneside-abc.gov.uk](mailto:ype.newsletter@s-tyneside-abc.gov.uk) and telling us what you think. If you need any help in finding the site on the internet then please give us a ring on 424 4633 and we will try to help.



### Introducing.... Janet Campbell — the Looked After Children's Nurse



Janet Campbell

Hi, my name is Janet Campbell and I am the Looked After Children's Nurse in South Tyneside. It's my job to help you with any health worries that you might have. I can also carry out your regular health checks.

If you have any worries relating to health, stress, immunisations, relationships etc. all you need to do is come down to Jarrow Community Hospital or speak to me by telephone on 451 6460 and I can come out and see you.

### Contact Centre Consultation Results

You might know already but the Social Care and Health Department is opening a new Contact Centre at Owen Drive. The idea is that any Contact that you have will take place in the new centre.

In case you didn't know Contact is the word used to describe seeing or speaking to members of your family or friends. Well the centre is opening soon but we wanted to ask some of you how the centre should be run and what it should look like. So we have spent the last few months trying to find out what some of you think about this idea. We asked a few questions about the centre and this is what some of you said:

#### Types of activities you would like to do during contact are:

- Playing computer games
- Cooking a meal
- Playing board games
- Watching TV
- Watching videos
- Drawing pictures /making things
- Basketball hoops
- Reading
- Help with homework
- Talk about things to mam

#### What should the centre look like?

- At least 6 rooms – red or blue including lounge, poolroom, computer room, kitchen, office and toilet.
- Activity rooms in fun colours.
- Orange and blue rooms.
- Yellow and blue rooms.
- The rooms could be red, purple or blue – big rooms with sofas and sky TV, a place to have snacks and use adventure play stuff for the little ones.
- The rooms should be black and white.
- There should be a sitting room, kitchen, and games room as well as dressing up room – they should all be bright colours.
- They should be purple and yellow.
- There should be separate rooms for babies.
- A quiet room to talk in.

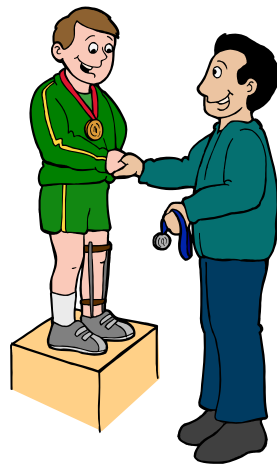
#### What would the worst centre ever look like?

- Not open on Saturday or Sunday.
- No games to play
- Dark with nothing to do, overcrowded, nothing to eat, and only open when we are at school.
- No toilets or ones that are busy all the time
- Open at unreasonable times
- No colours
- Only open during the week
- Lots of people all at the same time
- Full of babies
- Lots of little kids running around
- Nowhere to play with friends
- Too many staff hanging around
- Lots of strange people being there
- Too many people

We would like to thank every one who responded and answered the questions—a special congratulations to Tony who was selected to win the final prize. Well Done. Look out for more information about the Contact Centre in the next Newsletter!

### Fun Factory Activity Day—Calling all under 13's!!

Here is a date for your calendar! **Mon 27th October 12 till : 3:30pm.** What's so special about this date? **The Fun Factory Day at Temple Park Leisure Centre** and everyone under the age of 13 who has the use of a Max card is invited!! Have you got the skill to complete the Sports Challenge? Or are you interested in making musical instruments out of junk? What about jumping on bouncy castles or finding out how to draw cartoons? There is also going to be storytellers, Halloween crafts, pocket money book stall, Fun activities with the Place, Health quizzes and more! We think this is a great way to kick off your half term holiday! So make sure you don't miss it. There is going to be loads to do and you are guaranteed to have some **FUN!** So



**Will you be able to complete the Sports challenge?.**

write it in your diaries and look out for more information which is coming soon. If you have any questions about the event you can ring the Young People's Engagement team on 424 4633.

**The Fun Factory Day at Temple Park Leisure Centre - Mon 27th October 12 till : 3:30pm.**

### MAX Down to Beamish and get in for FREE!

Make sure you all get down to **Beamish** during the October half term holidays as you will be able to get in for free with your MAX card! The scheme (which will be available from the 27th to the 31st October) will involve showing your MAX card and a Special Beamish Voucher, which will be sent out to you in the next few weeks. We are really pleased that you all are still using your MAX cards and we hope you still think they are useful. We will be asking you your opinions on the MAX card at the Fun Factory Day so get thinking about how we can make the scheme better for you!.

### Book Reviews —

The Young People's Engagement Team love reading books and we know that some of you do as well because you have sent us your reviews of the books that you have read – thanks very much. Make sure you send us your book reviews if have really enjoyed a book! Or tell us about your favourite films, music or t.v. program!

#### Matilda written by Roald Dahl

I liked this book because it was very funny. When Matilda is sick of it, she goes to the Library and the librarian and Matilda get to be friends. Later she goes to school and her headmistress, Miss Trunchbull is horrible but her teacher Miss Honey is nice.

#### Ryan aged 9

**“These are creatures who guard the prison of Azkaban and they suck out your soul. “**

#### Harry Potter and the Order of the Phoenix by JK Rowling

I started the book on July 10. I think the book is exciting because I couldn't wait until I got up to the part where someone dies. I will not tell you who it is because for those of you who have not read it, it will be spoiled. Harry Potter is my favourite character and Ron Weasley is my second favourite because he is really good friends with Harry. Younger Kids might find this frightening because the Dementors are back and they're a bit scary. These are creatures who guard the prison of Azkaban and they suck out your soul.

#### Leam aged 12

A Poem by Laura—  
Children Splashing  
Waves are clashing  
Parents are kissing  
Boys are missing  
And that's the end of the poem!

**Where do you think Laura is describing? Write in and tell us what you like to do and where you like to visit in your spare time!**

**Remember that when you send us anything you must put your first name and address on it so that we can send you your prize or contact you again!**

### Young People's Engagement Team

The Young Peoples Engagement Team send you this newsletter but what else do we do? Read this to find out -

- We make sure that the people who provide services to you e.g. social workers and managers hear about your ideas and suggestions.
- Help you have a say about how the Social Care and Health Department is run.
- Help you understand what rights you have and know how to act on them.
- Make sure that you receive regular information and feedback about what is happening within the department.
- We will try to work with you on activities that you have a say in organising.
- We will make opportunities for managers to be more accessible and for you to speak with them in your own words, and when you want.

**“We also realise that when it comes to being looked after – YOU are the experts”**

### Jokes and Fun

So you think you're funny do you? If you like to tell a joke why not try one of these!

- How do monkeys make toast?  
Put it under the Gorilla!  
Ryan
- Who burped at the big bad wolf?  
Little Rude Riding Hood!  
Sarah
- Why did the skeleton cross the road?  
To get to the body shop!
- Why did the orange cross the road?  
Because it needed more juice!  
Laura

**Dumpster – a poem by Ryan**  
  
Fish and chips  
Paper clips  
Old bed  
Pencil lead  
New zips  
Plum pips  
Old pen  
Chicken den  
Little cat  
New bat

### Horse Game by Laura

Now there is no excuse for being bored again! Why? Because Laura came along to our last “Just For Us” editors group and created this game-its easy to make and easy to play but it’s Great Fun! All you need to do is cut out all the pieces and follow the instructions - we hope you enjoy it!

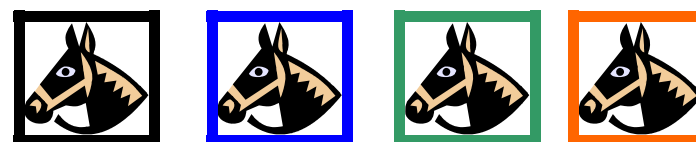
#### How to Play

Each person chooses a horse counter and places them at the Starting line. Then you take it in turns to roll the dice and whatever number you get that’s how many boxes that you cross. The first horse to get back to the start is the winner!

#### Equipment

- The horse counters and the race course (cut outs below)
- A Dice
- A pencil

**Make sure you get your carer or other adult to you help you cut the shapes out!!**



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Here is a poem sent in by Sarah about horses—perhaps it’s the horses from the game?

**Magic horse, Black Horse, Carry me away, Over the sea and Over the bay, Black Horse, Magic Horse, Carry me away.**